ROM Dance® Range of Motion Exercise & Relaxation Program

SELECTED BIBLIOGRAPHY

AUDIO VISUAL INSTRUCTIONAL MATERIALS


SCIENTIFIC ARTICLES:


BOOKS:


Erhlich Williamson, M; Fibromyalgia, a Comprehensive Approach. 1996. p 190, listed resource


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DeFalco, J. (2000, October). Incorporating T’ai Chi and ROM Dance Exercise for Older Adults into Your Program. Wellness Program Management Advisor, V, (10).


ARTICLES in LAY PUBLICATIONS:


TELEVISION SHOWINGS: