

taichi FUNDAMENTALS

Certification Preparation Intensive For Original (TCF) and Adapted (TCFA) Programs

Brookfield, Wisconsin
Saturday, February 1, 2020
Saturday, April 4, 2020
Friday, June 26, 2020

Instructor: Patricia Corrigan Culotti

Prerequisite:

Course One and Three (for TCF)

Course One and Two (for TCFA)

Length: 6-hour Course

TCF and TCFA Program Reviews

"...[TCFA is] a new and very timely....destined to become [a] widely used landmark program." —Peter Wayne, PhD, Author, *The Harvard Medical School Guide to Tai Chi*

"I highly recommend [TCF and TCFA] for experienced Tai Chi instructors teaching students with limited mobility." — Tai Chi Grandmaster William C.C. Chen,

" [TCF is] a remarkable gift to the world of rehabilitation...brilliant, inspired work." —Jennifer M. Bottomley, PT, MS, PhD, President: International. Org. of Physical Therapists working with Older People

Approved for 6 CEUS by
Wisconsin Physical Therapy Association

AUDIENCE

Individuals who have completed all Course requirements for Tai Chi Fundamentals® Adapted (TCFA) or Original Tai Chi Fundamentals® (TCF) programs and wish to prepare for certification or keep their certification current.

DESCRIPTION

*Prerequisite: Courses One and Two (TCFA)
Courses One and Three (TCF)*

Helps you prepare for certification in TCFA or TCF. Enhances movement proficiency, teaching skills, includes analysis and applications, Mind/Body Skills review. Plus, coaching in constructive feedback and adjusting postural alignment. Also reviews Everyday Qi Gong for calming, uplifting and balancing energy.

AGENDA

Schedule: 9:00am-12:25pm; 1:30-4:45pm

Includes large and small group instruction and partner teaching practicums. Content tailored to needs of participants for preparing for certification.

COURSE OBJECTIVES

1. Review performance and memorization of *Basic Moves* and *Form* of choice to prepare for Movement Testing portion of certification.
2. Review rationale for teaching sequences, guidelines for practice and functional benefits for all *Basic Moves* to prepare for teaching skills portion of certification Movement Testing.
3. Review elements for certification Written Exam in *TCF Adapted Program* book.
4. Practice and review other areas of your choice.

INSTRUCTOR will be one of the following:

Patricia Culotti, CTI, MTF, TCF Master Teacher and Tai Chi Prime Master Trainer.

Rachel Sandretto, Advanced Certified TCF Instructor and Tai Chi Prime Master Trainer.

CERTIFICATION

TCF and TCFA Program certification require a minimum of 30 contact hours. Many people need more training; experienced tai chi players need less. Certification requires additional fees, written and movement tests. More information:

TCFA: https://taichihealth.com/?page_id=3134

TCF: https://taichihealth.com/?page_id=3130

Registration For CERTIFICATION PREPARATION INTENSIVE

Register online by credit card at:
www.taichihealth.com under "Training"

Registration Costs:

- \$160 6 hour intensive (required for Certification)
- \$20 Late fee: enroll less than 10 days in advance
- \$25 Cancellation fee. No refunds less than 10 days prior to course.

Required Course Materials:

All participants already will have purchased program books and DVDs and been practicing at home

Questions?

For online registration contact:

Rachel Sandretto: 608-630-4066

Email: taichihealth.workshops@gmail.com

For course location and lodging contact:

Patricia Culotti: 262-271-1061

Email: Pat@EnhancingBalance.com



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